

HOW IT WORKS

From Monday July 31st – Friday August 4th, 2023, iCan Shine's iCan Bike program will be in Bloomsburg PA to teach individuals with disabilities how to ride a conventional bike and become independent riders!

iCan Bike uses a fleet of adapted bicycles, a specialized instructional program, and a trained staff to teach individuals with disabilities how to ride a bike.

Over the course of the 5-day camp the adapted bike is adjusted to gradually introduce more instability to challenge riders at their own individual pace. The week is concluded with a touching and inspiring award ceremony!

Parents, teachers and therapists describe our results as INCREDIBLE. By the end of the 5-day camp approximately 80% of riders learn to ride a conventional bike completely independently. The remaining 20% make tremendous progress towards that goal.

Success in learning to ride results in increased confidence, a sense of accomplishment and an improved self-image. It also enables inclusion in communities and families!



REGISTRATION DETAILS

iCan Bike rider eligibility requirements:

- age 8 and up with a disability
- weigh no more than 220 lbs
- have an inseam measurement of 20" (min)
- be able to walk without assistive devices
- be able to sidestep from side to side

Each rider attends the same 75-minute session each day for five consecutive days (M – F); sessions are assigned on first come first serve basis based on preference listed during registration

Cost of camp: \$225* per rider

Registration link: [iCan Bike Rider Registration Form](#)

**Limited reduced registration fee will be considered for a limited number of campers and based on need.*

Platinum Sponsors



Silver Sponsors



Bronze Sponsors

Bloomsburg American Legion

Berwick Elks

Bloomsburg Fire Hall

HOW YOU CAN HELP

Be a Volunteer

To successfully run an iCan Bike camp, a lot of volunteers are necessary! By offering up your time to be a "spotter," you would be with the same rider for each of the 5 days and experience firsthand their thrill of learning to ride a bike!

Register to volunteer: [iCanBike Volunteer Registration](#)

Be an Organizational Sponsor

If your organization is interested in supporting this cause, contact our camp director, Greta Rosler: icanbikebloomsburg@gmail.com

Be an Individual Donor

No donation is too small! Many individuals and families with disabilities live on a fixed and stretched income. Your donation could mean the world. If interested in sponsoring an individual camp participant, consider making a donation of \$225. Email Greta Rosler if interested: icanbikebloomsburg@gmail.com

Imagine the joy that children and adults with disabilities experience when they too can ride with their peers and family, opening a world of new experiences!

...a milestone in life that creates confidence, independence & friendshi

For questions about the local camp in Bloomsburg, email Greta Rosler: icanbikeBloomsburg@gmail.com
For more information or to view videos of an iCan Bike camp visit: <https://icanshine.org>