



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE Y IS FOR ALL



We are Y GREATER SCRANTON YMCA

We Are Y is an inclusive community outreach program that provides individuals with intellectual or developmental disabilities access to recreational activities that encourage staying active, building interpersonal relationships among peers, self-sufficiency, and aid in developing cognitive abilities. Recreational activities will rotate weekly and will be followed by light refreshments before departing.

We Are Y will help build individuals' developmental skills, personal strengths, creativity, cognitive and non-cognitive skills through swimming, movement, music, arts, and much more, all while taking place in a safe and nurturing environment!

- Open to individuals (children and adults) ages 10 and up who have developmental disabilities.
- Participants' families are welcome to attend!
- Free and open to Greater Scranton YMCA members and non-members!
- For more information, contact Natalie at nwasilchak@greaterscrantonymca.org.

WHEN: Wednesdays beginning February 16th.

TIME: 5:30 - 6:30 p.m.

LOCATION: GREATER SCRANTON YMCA
706 N. Blakely Street, Dunmore, PA 18512
www.greaterscrantonymca.org / (570) 342-8115